

EVERYDAY MENU

(These items are available at **1st Break only**
Tuesday, Wednesday & Friday)

Mrs Mac's Cruiser Pie - Good Eating Range	\$3.50
Mrs Mac's Potato Top Pie - Good Eating Range	\$3.50
Mrs Mac's Sausage Roll - Good Eating Range	\$2.50
Lite Party Pies	\$1.00ea
Hakka Fried Rice - 200g - GF	\$3.50
Pizza - Cheese & Bacon or Hawaiian	\$3.00
Sushi Roll - Tuna or California with soy sauce - GF	\$3.00ea



Filling choices for items below:

Ham, Chicken, Tuna, Salami, Egg & Vegemite

Salad: (lettuce, carrot, cucumber, capsicum, tomato, cheese & mayo)

Vegemite Sandwich	\$2.50
Toasted Sandwiches	\$5.00
Fresh Sandwiches	\$5.00
Wraps - Plain or Toasted	\$5.00
Salad Plate - Italian or Mayo Dressing	\$5.00
Panini Roll - Salami or Ham, Split Green Olives & Cheese (Plain or Toasted)	\$5.50



Snacks

Croissant - with Ham & Cheese - (Plain or Toasted)	\$3.00
Fresh Fruit Salad - Seasonal Fruit	\$3.00



TUESDAY ONLY

Hot Dog with cheese and sauce	\$4.50
School Chicken Breast Nuggets	\$0.70ea
4 x Chicken Breast Nuggets - with one sauce Tomato or BBQ	\$3.10
6 x Chicken Breast Nuggets - with one sauce Tomato or BBQ	\$4.50
Garlic Bread - Large Dinner Roll	\$1.50
Rice Paper Rolls - 2 Pieces - made fresh daily	\$5.00
Chicken or Salad with lettuce, carrot, cucumber, capsicum and sweet chilli sauce.	



WEDNESDAY ONLY

School Chicken Breast Nuggets	\$0.70ea
4 x Chicken Breast Nuggets - with one sauce Tomato or BBQ	\$3.10
6 x Chicken Breast Nuggets - with one sauce Tomato or BBQ	\$4.50
Garlic Bread - Large Dinner Roll	\$1.50
Rice Paper Rolls - 2 Pieces - made fresh daily	\$5.00
Chicken or Vegetable with lettuce, carrot, cucumber, capsicum and sweet chilli sauce.	



FRIDAY ONLY

Fish Fingers	\$0.70
Tempura Battered Fish Burger with Salad	\$5.00
Hamburger with Salad	\$5.00
Chicken Burger with Salad	\$5.00
Hawaiian Burger - Chicken Breast, Lettuce, Pineapple & Aioli	\$5.00
Mini Burger - Mini bread roll with Mince Patty & Salad	\$4.00

Salad with Fish/Chicken/Hamburger

(lettuce, carrot, cucumber, tomato, beetroot, cheese & BBQ or tomato sauce)



Everyday Extras

Sauces -Tomato & BBQ	\$0.30
Jelly Cups - Green or Red	\$0.70
Sara Lee Double Choc Muffin	\$2.00
Popcorn Bags	\$1.00
Red Rock Deli - Honey Soy Chicken or Sea Salt	\$1.50
Home Baking	\$1.00



Drinks and Frozen Items

Bottled Water	\$2.00
Flavoured Milk - Strawberry or Chocolate	\$2.50
Popper - 250ml - Apple & Mango or Apple	\$2.00
Popper - 150ml - Apple & Blackcurrant or Apple	\$1.50
GLEE - Sparkling Fruit Juice Drink - 250ml (Blackcurrant or Tropical or Raspberry)	\$2.50
Lipton Ice Tea - Lemon or Mango - 500ml	\$3.50
Bulla Frozen Yoghurts - Mango/Strawberry/Raspberry	\$2.00
Icy Poles - Apple, Orange, Tropical, Blackcurrant & Mango	\$0.70
Bulla Lite Party Cups Vanilla Ice Cream - GF	\$1.00
Streets Calippo Minis - Raspberry Pine	\$1.00
Streets Lemonade Icy Twist	\$1.00
Streets Paddle Pop Shaky Shake	\$2.00

"Remember"
"Food is Fuel for Thought"



St Joseph's Parish School Tuckshop Menu - Summer TERM'S 1 & 4, 2018

Tuckshop Operates **Tues, Wed & Fri**
at First Break only (10.55am - 11.35am)

CLEARLY WRITE YOUR CHILD'S NAME AND CLASS on a brown paper bag or Re-Usable Tuckshop bag with correct money if possible. Place in basket located in classrooms. Please do not use staples, sticky tape or plastic bags just fold bag down at top.

If you are able to assist for three hours once a month, please call **Sonia on 0403020171**.

Your help is always appreciated and your children love to see you at school.

Reminder: Years 1-6 please pick up your frozen items from the Tuckshop with your bag.

For Sale: Re-Usable Tuckshop Bags for \$10.00 each.



Brown Paper bags, spoons and forks can be purchased over the counter for **10 cent**.

Home Baking and Gluten Free is available.

Tuckshop to be handed in NO later than 9.30am.

TUCKSHOP WILL BE OPEN IN THE SECOND
WEEK OF TERM 1.

HELP STILL NEEDED IN THE TUCKSHOP

If you are able to assist for three hours
once a month, please call or text **Sonia on**
0403020171.

IF YOU ARE ABLE TO HELP WITH HOME
BAKING PLEASE SEE SONIA IN THE
TUCKSHOP.

PLEASE NOTE THERE ARE SOME PRICE
CHANGES AND NEW ITEMS ON THE MENU.

SUSHI ROLLS - \$3.00 EACH

GARLIC BREAD - \$1.50 EACH

NEW - PANINI ROLL - \$5.50

NEW - RICE PAPER ROLLS - 2 PIECES

(CHICKEN OR VEGETABLE \$5.00)

HOT DOGS ARE NOW ON TUESDAY.