

Joey's Munch Box
St Joseph's Parish School
Tuckshop Menu
Terms 1 & 4, 2017

Tuckshop Operates **Tues, Wed & Fri**
at First Break only (10.55am - 11.35am)

CLEARLY WRITE YOUR CHILD'S NAME AND CLASS on a brown paper bag or Re-Usable Tuckshop bag with **correct money** if possible. Please do not use staples or sticky tape just fold bag down at top.

If you are able to assist with a half day per month, please call **Sonya De Marzi on 0403020171**.

Your help is always appreciated and your children love to see you at school.

Reminder: Years 1-6 please pick up your frozen items from the Tuckshop with your bag.

For Sale: Re-Usable Tuckshop Bags for \$10.00 each.



Brown Bags: \$0.10 each.

GF is Gluten Free.

Home Baking will be available.

Tuckshop to be handed in NO later than 9.30am.

EVERYDAY MENU

(These items are available at **1st Break only**
Tuesday, Wednesday & Friday)

Mrs Mac's Cruiser Pie - Good Eating Range	\$3.50
Mrs Mac's Potato Top Pie - Good Eating Range	\$3.50
Mrs Mac's Sausage Roll - Good Eating Range	\$2.50
Lite Party Pies	\$1.00ea
Pizza - Cheese & Bacon or Hawaiian	\$3.00
Sushi Rolls - Tuna or California with soy sauce - GF	\$2.50ea



Filling choices for items below:

Ham, Chicken, Tuna, Egg & Vegemite

Salad: (lettuce, carrot, cucumber, capsicum, tomato, cheese & mayo)

Vegemite Sandwich	\$2.50
Toasted Sandwiches	\$4.50
Fresh Sandwiches	\$5.00
Wraps - Plain or Toasted	\$5.00
Salad Plate - Italian, French or Mayo Dressing	\$5.00
Pulled Pork & Coleslaw - Made on a crusty bread roll	\$5.00



Snacks

Croissant - with Ham & Cheese - (Plain or Toasted)	\$3.00
Fresh Fruit Salad - Seasonal Fruit	\$3.00



TUESDAY ONLY

School Chicken Breast Nuggets	\$0.70ea
4 x Chicken Breast Nuggets	\$3.10
Includes your choice of one dipping sauce - Tomato or BBQ	
6 x Chicken Breast Nuggets	\$4.50
Includes your choice of one dipping sauce - Tomato or BBQ	
Steggles Mini Kiev Garlic Balls	\$1.00ea or 3 for \$2.70
School Sweet Chilli Tenders	\$1.50
Garlic Bread - Large Dinner Roll	\$1.00



WEDNESDAY ONLY

Hot Dog (with cheese and sauce)	\$4.50
Steggles Mini Kiev Garlic Balls	\$1.00ea or 3 for \$2.70
School Sweet Chilli Tenders	\$1.50
Garlic Bread - Large Dinner Roll	\$1.00



FRIDAY ONLY

Fish Fingers	\$0.70
Tempura Battered Fish Burgers with Salad	\$5.00
Hamburger with Salad	\$5.00
Chicken Burger with Salad	\$5.00
Hawaiian Burger - Chicken, Lettuce, Pineapple & Mayo	\$5.00
Mini Burger - Mini bread roll with Salad	\$4.00

Salad with Fish/Chicken/Hamburger

(lettuce, carrot, cucumber, tomato, beetroot, cheese & BBQ or tomato sauce)



Everyday Extras

Sauces -Tomato & BBQ	\$0.30
Jelly Cups - Green or Red	\$0.70
Sara Lee Double Choc Muffin	\$2.00
Popcorn Bags	\$1.00
Red Rock Deli - Honey Soy Chicken or Sea Salt	\$1.50
Home Baking	\$1.00



Drinks and Frozen Items

Bottled Water	\$2.00
Flavoured Milk - Strawberry or Chocolate	\$2.50
80/20 Juices - 350ml - 80% Whole Fruit 20% Spring Water	\$3.00
Apple & Blueberry or Orange or Green Smoothie	
Popper - 250ml - Apple & Mango or Apple	\$2.00
Popper - 150ml - Apple & Blackcurrant or Apple	\$1.50
LOL 99% Carbonated Fruit Juice - 250ml	\$2.50
(Apple & Raspberry or Apple & Blackcurrant or Tropical)	
Lipton Ice Tea - Lemon or Mango - 500ml	\$3.50
Bulla Frozen Yoghurts - Mango/Strawberry/Raspberry	\$2.00
Icy Poles - Apple, Orange, Tropical, Blackcurrant & Mango	\$0.70
Bulla Lite Party Cups Vanilla Ice Cream - GF	\$1.00
Streets Calippo Minis - Raspberry Pine	\$1.00
Streets Paddle Pop Shaky Shake	\$2.00
Streets Lemonade Icy Twist	\$1.00

"Remember"

"Food is Fuel for Thought"

